

Quebec 29th July 1818

Sir

In pursuance of the Instructions contained in your Letter of the 23^d Inst. and in conformity to the Recommendation of the Council to His Excellency the Governor in Chief, I have to inform you, that having consulted with Doctors Wright and Holmes nominated for that purpose, on the best mode to be adopted to carry into execution the intentions of Government, that I proceeded to Isle au Rucap near the Isle Madame accompanied by the Bark Royal Edward, where I landed the whole of her Passengers.

I

I will not dwell on the very disagreeable Duty I had to perform or the difficulties I had to surmount in removing the Sick, as well as the obstinate pertinacity I had to overcome in I could induce very many to quit the Ship, who frequently declared that actual Force alone should make them. -

From the unprepared State of the Province for an event of this kind, I know not how I could have executed the Duty imposed on me, or indeed what the consequences might have been, but for the assistance and ample supply of Tents, Bedding, Cloathing and Utensils, of all kinds, afforded me from the Military Stores, by the prompt Commands of His Excellency
the

the Governor in Chief, as well as
the aid I obtained by the accom-
paniment of Mr. Robertson, De-
puty Store Keeper Genl. with a
Party of his Men for the purpose
of erecting the Tents, and arran-
ging the Stores furnished from
his Department, without which
I must again repeat, I could not
possibly have carried into effect
without a very long lapse of
time, this arduous Duty —

Taking into consideration
the majority and description of
People on board, and to carry as
far as possible into effect the be-
neficial Recommendation
contained in your Letter, sanc-
tioned too by the Gentlemen
forming the Medical Committee
I have formed a Plan of Diet

for

for the whole, assimilating as
nearly as possible to the Habits
and customs of this Class of
Society, consisting of Potatoes
Milk, Oatmeal, Butter &c. &c.
with a proportion of Meat for
two Days in the Week only, Tea
Sugar, Wine, Bread &c, are ex-
clusively appropriated to those
actually Sick.

I regret to say I believe them
to be generally speaking Penny-
less, I therefore through you,
beg to apprise His Excellency, that
whenever on Recovery and Released
from Quarantine, these Men
hereafter may be landed, will
not be entirely free from the dan-
ger of Contagion, as Poverty
and an already exhausted Con-
stitution, with naturally

Dorby

Dirty Habits, and without
Homes to receive them, will
be very likely to excite a fresh
attack of Fever, which in
spite of all our exertions may
yet spread its Ravages abroad.

I have the honor to be

Sir

Yours very obed Servt.

Wm. A. D.
Health Officer &c

Thos. W. Cochran Esq.

P. S. —

P. S. I beg leave to state that
there is a general improvement
already in the health of the whole

and

I think there is an accession
of two making twenty eight cases
under treatment, yet the remainder
of them are pretty amended.

WA